



**SCHUYLKILL HAVEN AREA SCHOOL DISTRICT
BREAKFAST & LUNCH MENU
August & September 2020**



Monday		Tuesday		Wednesday		Thursday		Friday	
31	<u>BREAKFAST</u> Bagel Yogurt Fresh Fruit or Juice Milk <u>LUNCH</u> A. Hot Dogs B. Chicken Patties C. P.B. & Jelly Hash Browns Fresh Vegetable Choice Fresh Fruit Choice	1	<u>BREAKFAST</u> Mini Waffles Fresh Fruit or Juice Milk <u>LUNCH</u> A. Turkey Sub B. Chicken Patties C. P.B. & Jelly Lettuce & Tomatoes Baked Chips Fresh Vegetable Choice Fresh Fruit Choice	2	<u>BREAKFAST</u> Pancakes Fresh Fruit or Juice Milk <u>LUNCH</u> A. Cheese Steak B. Chicken Patties C. P.B. & Jelly French Fries Fresh Vegetable Choice Fresh Fruit Choice	3	<u>BREAKFAST</u> French Toast Fresh Fruit or Juice Milk <u>LUNCH</u> A. Pizza B. Chicken Patties C. P.B. & Jelly Fruit Choice Vegetables Choice	4	<u>SCHOOL CLOSED</u>
7	<u>SCHOOL CLOSED</u>	8	<u>BREAKFAST</u> Pancakes Fresh Fruit & Juice Milk <u>LUNCH</u> A. Pasta w/Meat Sauce B. Pizza C. P.B. & Jelly Garbanzo Beans Romaine Salad - Tomatoes Dinner Roll (HS) Pears	9	<u>BREAKFAST</u> Pop Tart Whole Grain Cereal Fresh Fruit & Juice Milk <u>LUNCH</u> A. Pop-Corn Chicken B. Pizza C. P.B. & Jelly Peas Rice Cucumber Slices Pineapples	10	<u>BREAKFAST</u> Nutri-Grain Bar Fresh Fruit & Juice Milk <u>LUNCH</u> A. Ham Sub B. Pizza C. P.B. & Jelly Baby Carrots - Sun Chips Lettuce & Tomatoes Apple Crumb	11	<u>BREAKFAST</u> Breakfast Grabbers Fresh Fruit Milk <u>LUNCH</u> A. Fish Sticks B. Pizza C. P.B. & Jelly Celery w/Dip Potato Rounds Banana
14	<u>BREAKFAST</u> Pop - Tarts Fresh Fruit & Juice Milk <u>LUNCH</u> A. Chicken Strips B. Beef BBQ C. P.B. & Jelly Mashed Potatoes Winter Blend Vegetables Mixed Fruit	15	<u>BREAKFAST</u> Fruit-Filled Pancakes Fresh Fruit & Juice Milk <u>LUNCH</u> A. Shepards Pie B. Beef BBQ C. P.B. & Jelly Carrots Celery Fruit Choice	16	<u>BREAKFAST</u> French Toast Sticks Fresh Fruit & Juice Milk <u>LUNCH</u> A. Cheese Burger B. Beef BBQ C. P.B. & Jelly Lettuce & Tomatoes Hash Brown Pears	17	<u>BREAKFAST</u> Graham Crackers Yogurt Fresh Fruit & Juice Milk <u>LUNCH</u> A. Taco in a bag B. Beef BBQ C. P.B. & Jelly Salsa - Cheese Soft Pretzel Lettuce Tomato Cup Refried Beans-Grapes Fruit Sherbert	18	<u>BREAKFAST</u> Breakfast Grabbers Fresh Fruit Milk <u>LUNCH</u> A. Mac & Cheese B. Beef BBQ C. P.B. & Jelly Summer Blend Vegetables Stewed Tomatoes Apple
21	<u>BREAKFAST</u> Egg & Cheese Omelet Fresh Fruit & Juice Milk <u>LUNCH</u> A. Beef Ravioli B. Hot Dog C. P.B. & Jelly Corn Muffin Salad-Garbanzo Beans Fresh Fruit & Veggies	22	<u>BREAKFAST</u> Chocolate Chip Waffle Fresh Fruit & Juice Milk <u>LUNCH</u> A. Chicken Pattie B. Hot Dog C. P.B. & Jelly Potato Fries Lettuce-Tomato Cup Fresh Fruit & Veggies	23	<u>BREAKFAST</u> Whole Grain Cereal Mini Muffin Fresh Fruit & Juice Milk <u>LUNCH</u> A. Hamburger on Roll B. Hot Dog C. P.B. & Jelly Bake Beans Sun Chips Mandarin Oranges Fresh Fruit & Veggies	24	<u>BREAKFAST</u> Breakfast Pizza Fresh Fruit & Juice Milk <u>LUNCH</u> A. Lasagna B. Hot Dog C. P.B. & Jelly Salad Rolls w/ Spread Fresh Fruit & Veggies	25	<u>BREAKFAST</u> Breakfast Grabbers Fresh Fruit Milk <u>LUNCH</u> A. Pierogies B. Hot Dog C. P.B. & Jelly Corn Fresh Fruit & Veggies

Breakfast.....
Breakfast (Reduced)... \$0.30
Lunch (Reduced)..... \$0.40

LUNCH
Elementary..... \$2.35
Middle School..... \$2.45

*MENUS SUBJECT TO CHANGE AS REQUIRED.
Choice of fresh fruits, salads and vegetables daily
Choice of 1%, chocolate and skim milk available daily